

snowy notes OF GIVING & HOPE

Dear Friend of Chan Soon-Shiong Medical Center at Windber,

As the holiday season approaches and the air fills with the crisp scent of snow, I am reminded of the warmth of community even in the coldest of times. It is with great joy that I reach out to you on behalf of Chan Soon-Shiong Medical Center at Windber. Our annual holiday fundraising campaign is underway and we invite you to join us in making a meaningful impact on the health and well-being of our community.

For generations, our hospital has been a place where neighbors help neighbors. Nothing feels quite as good as the warm sense of satisfaction one gets from helping others in our community. We experience that feeling every day while having the privilege of caring for patients, our neighbors, who choose us for their health care needs.

In the spirit of the season we chose the theme "Snowy Notes of Giving & Hope" to help us reflect on the values of compassion, generosity, and unity that define this time of year. We have accomplished a lot of great things at the hospital this year and we would like to share some of them with you in the enclosed annual update.

The hospital, which has been a pillar of our community for 117 years, has been dedicated to delivering exceptional care and support to those in need. This year, we aim to continue this tradition by raising funds that will directly benefit our patients and their families.

Your donation will help us accomplish many things, such as:

- Enable us to invest in state-of-the-art medical equipment and technology, ensuring that our patients receive the best possible treatment.
- Assist us in creating inviting, comfortable spaces for patients and their families when they visit us for services.
- Allow us to expand our community outreach and education efforts, promoting wellness and preventive care.

Community hospitals are the cornerstone of health and healing in America's communities. We exist to deliver quality care, improve the patient experience and population health, all while remaining affordable. As one of only 14 independent non-profit hospitals remaining in Pennsylvania, your generosity will ensure that we can continue providing essential services and improvements to our community hospital for generations to come.

This holiday season, let's come together as a community to make a positive impact. No donation is too small; every dollar counts. We are confident that the support of our caring neighbors will not only help us maintain the high level of care our hospital provides but also spread warmth and hope throughout our community.

Thank you for considering our "Snowy Notes of Giving & Hope" campaign. May your holiday season be filled with joy, good health, and the knowledge that you've made a difference in the lives of others.

With warmest wishes and gratitude,



Kimberly Oleksa
Foundation/Development



Chan Soon-Shiong
Medical Center
at Windber

THANK YOU for your consideration
this holiday season

our year in brief



Chan Soon-Shiong
Medical Center
at Windber

january



> CSSMCW, together with Vitalant, held an employee and community blood drive, collecting 28 units of blood products which will help up to 84 area patients.

february

> Drs. Samir Hadeed & Jude Mugerwa held a free educational seminar to teach attendees about the causes, signs, symptoms, and possible treatment and prevention of cardiovascular disease, peripheral vascular disease, and atrial fibrillation. Additionally, Cardiac Rehab staff offered blood pressure screenings, Cath Lab staff set up educational displays and were available for questions, and Dietary staff served healthy snacks.



> Molly Vargo, CRNP with WindberCare Surgical Associates & Bariatrics held a free educational seminar titled "The Sweet Danger of Sugar." Attendees learned about the negative impact of dietary sugar intake on overall health, including obesity, heart health, diabetes, and more. Additionally, Dietary staff prepared sugar-free chocolate covered strawberries.

> CSSMCW welcomed J. Eric Wieczorek, MD to WindberCare Physicians. He continues to see patients in Sidman, our newest office location. He finds satisfaction in treating patients with their medical problems and providing preventative care.



dinner brought together more than 850 breast cancer survivors, family, friends, and supporters.

> Girls Night Out Altoona, Inc. raised \$50,000, their largest donation to date, for patient care services at the Joyce Murtha Breast Care Center. Their 14th annual fundraising

april

> Windber Hospice raised nearly \$12,000 to support patients in the program by holding a basket party, featuring more than 120 baskets.



Student Career Fest to show local high school students how to draw blood.

may

> CSSMCW held nursing education/skills days to teach staff about topics including Mediports, NG Tubes, Portable Suction/ Crash Cart, BiPAP, Wheelchair Scale, and Heparin Protocol.



15th fundraising event brought together more than 800 breast cancer survivors, family, friends, and supporters.

> The Taunia Oechslein Girls Night Out Foundation presented a donation of \$145,000 to the Joyce Murtha Breast Care Center in support of patient care services.

june

> The hospital's bariatric surgical center was re-accredited as a Comprehensive Center under the Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program (MBSAQIP). Patients seeking surgical treatment for severe obesity and its related conditions continue to have a high-quality choice for receiving treatment at a nationally accredited program that meets the highest standards for patient safety and quality of care.





> General Surgeon Dr. Tameka Scott gave a presentation to attendees about GERD. She discussed signs and symptoms, complications, testing, medical management, and surgical options when medical management fails.



> General Surgeon Dr. Taesun Moon held a free educational seminar to teach attendees about abdominal hernias. He discussed several common types of hernias and available treatments, as well as provided free screenings.

> Kate Carver, CRNP with Windber GYN Associates gave a presentation to attendees about the obstacles of menopause and how to relieve symptoms. She discussed hormone changes, natural and medication based symptom relief, sex during and after menopause, and osteoporosis prevention.



august



> Syed Zain Ayaz, MD joined the medical staff at CSSMCW. He is certified by the American Board of Internal Medicine for internal medicine, pulmonology, and critical care medicine. With more than 10 years of experience, Dr. Ayaz specializes in critical illness and resuscitation, COPD, asthma, ILD, lung nodules, and lymphadenopathy.

> CSSMCW is among the 20 top recommended hospitals in Pennsylvania based on patient surveys, according to Becker's Hospital Review. CEO Tom Kurtz stated, "When you see that such a small number of hospitals were recognized out of about 250 hospitals across the state, it starts to call attention not only to Windber, but to small community hospitals in general – that they can provide great clinical services in a clean and safe environment that patients want to be in and would recommend others."

BECKER'S
HOSPITAL REVIEW



> Strategic Healthcare Programs (SHP) announced their award recipients for the 2022 calendar year. Windber Home Health was recognized for the third time as a "Premier Performer" for achieving an overall patient satisfaction score that ranked in the top 5% of all eligible SHP clients. Windber Hospice was recognized for the second time as a "Superior Performer" for achieving an overall family satisfaction score that ranked in the top 20% of all eligible SHP clients.

september

> CSSMCW welcomed Hugo Villanueva, MD, a board-certified and fellowship-trained minimally invasive surgeon specializing in bariatric and foregut surgery. He provides comprehensive general surgical care with an emphasis on minimally invasive approaches. He brings an impressive skill set in both laparoscopic and robotic techniques, contributing to our commitment to comprehensive and modern surgical care.



october



> Our Laboratory opened two new blood draw locations. They are conveniently located at the Davidsville Physical Therapy Clinic in Holsopple and the

WindberCare Physicians Office in Sidman.

> CSSMCW launched a new Cardiac Support Program, a collaborative effort between our Cardiac Rehabilitation and Community Based Palliative Care departments, for patients with a new or recurring congestive heart failure diagnosis. The program provides education, support, symptom management, and monitoring.



OUR DEEPEST APPRECIATION TO OUR DONORS AND SPONSORS

We value our strong community relationships - we would not be here without your generous contributions. In the past, the community has shown tremendous support for our hospital. It is our hope that we will continue receiving your gifts so that we may continue giving patient-centered health care in our community. We want to remain your first choice in health care providers for years to come.

Investing in the health of the surrounding area benefits us all. We could not accomplish our goals without the support, involvement, and enthusiasm of our committed supporters.